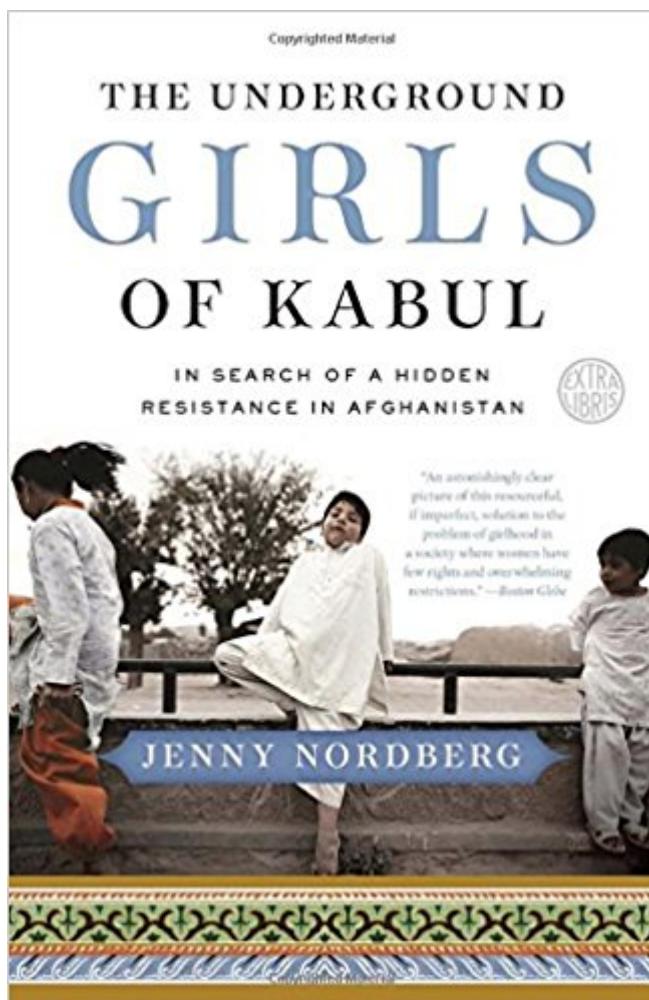


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The Underground Girls Of Kabul: In Search Of A Hidden Resistance In Afghanistan



Synopsis

An investigative journalist uncovers a hidden custom that will transform your understanding of what it means to grow up as a girl. In Afghanistan, a culture ruled almost entirely by men, the birth of a son is cause for celebration and the arrival of a daughter is often mourned as misfortune. A *bacha posh* (literally translated from Dari as “dressed up like a boy”) is a third kind of child—a girl temporarily raised as a boy and presented as such to the outside world. Jenny Nordberg, the reporter who broke the story of this phenomenon for the *New York Times*, constructs a powerful and moving account of those secretly living on the other side of a deeply segregated society where women have almost no rights and little freedom. *The Underground Girls of Kabul* is anchored by vivid characters who bring this remarkable story to life: Azita, a female parliamentarian who sees no other choice but to turn her fourth daughter Mehran into a boy; Zahra, the tomboy teenager who struggles with puberty and refuses her parents’ attempts to turn her back into a girl; Shukria, now a married mother of three after living for twenty years as a man; and Nader, who prays with Shahed, the undercover female police officer, as they both remain in male disguise as adults. At the heart of this emotional narrative is a new perspective on the extreme sacrifices of Afghan women and girls against the violent backdrop of America’s longest war. Divided into four parts, the book follows those born as the unwanted sex in Afghanistan, but who live as the socially favored gender through childhood and puberty, only to later be forced into marriage and childbirth. *The Underground Girls of Kabul* charts their dramatic life cycles, while examining our own history and the parallels to subversive actions of people who live under oppression everywhere.

Book Information

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Customer Reviews

The girls portrayed in this book are not resisting with weapons or spying: they are simply living their lives as boys. The reasons are varied. The family needs help in a store. Women need a "male" relative to walk them on errands. Many girls call their status as a "boy" a type of magicâ€¢ by showing that the family is ready for a boy, a real male child may arrive. Often, members of the community know the child is really a girl, but accept this gender switch and go along with the ruse. Nordberg focuses her narrative on the adult Azita. Her father educated her, but once she reached her prime childbearing years, she was married off to a rural, illiterate cousin. Somehow, Azita manages to win a government seat in her new district. Western readers will root for Azita to find a way out of this fiercely patriarchal arrangement, but Nordberg is astounding in her ability to elicit sympathy and rage for the women portrayed, while also attempting to explain why more elaborate female resistance may not yet be possible. Teenagers will find a great deal to think about in this well-researched and readable piece of reporting.â€¢ Jamie Watson, Baltimore County Public Library, MD --This text refers to an alternate Paperback edition.

Winner of the 2015 J. Anthony Lukas Book PrizeA Salon 2014 Authors' Favorite BookOne of Buzzfeed's Best Nonfiction Books of 2014A Business Insider Best Book of 2014A Columbus Dispatch Best Book of 2014A Publishers Weekly Best Book of 2014A PopMatters Best Book of 2014An FP Interrupted Best Book of 2014An IPI Global Observatory Recommended Book for 2015A TruthDig Book of the Year, 2014Finalist for the Goodreads Choice Award, Nonfictionâ€¢"Through extensive interviews with former bacha posh, observation of present ones and conversations with doctors and teachers, Nordberg unearths details of a dynamic that one suspects will be news to the armies of aid workers and gender experts in post-invasion Afghanistan.â€¢"New York Times Book Reviewâ€¢"Jenny Nordberg has produced a striking and nuanced work that explores the current status of Afghan women through one of their subcultures...[A] finely written book.â€¢"Washington Postâ€¢"Five years of intensive reporting have yielded this gritty, poignant, and provocative collage of intimate portraitsâ€¢"Nordberg conveys captivating nuance and complexity; just when you feel some kind of judgment or conclusive opinion is within reach, she deftly turns the tables, leaving us to reexamine our own prejudices and societal norms as we struggle with questions that are perhaps unanswerable.â€¢"Elleâ€¢"Nordbergâ€¢'s immersive reporting reveals an

astonishingly clear picture of this resourceful, if imperfect, solution to the problem of girlhood in a society where women have few rights and overwhelming restrictions.â€œThe Boston Globeâ€œNordbergâ€œs book is riveting, bringing a practice previously unknown to the West to light, and continuing to elucidate the plight of Afghan women, whose supposed inferiority is so ingrained in their culture that Western feminism can make few inroads.â€œMinneapolis Star Tribuneâ€œNordberg's intimate exploration leaves us rooting for her brave subjects.â€œMother Jonesâ€œNordberg creates a moving intimacy with these stories, weaving them into the bigger picture of contemporary Afghanistan. Diving deep into the lives and hearts of people who are usually ignored, she reveals the enormity of a localized struggle even while grounding it in broader human experience, never allowing the reader to reduce her subjects to curiosities.â€œDallasMorningNews.comâ€œIn clear, simple prose, Nordberg describes her encounters with several current or formerÃ bacha posh, including a nurse who kept the role until a month before her wedding, a tae kwon do instructor who now guides younger Ã¢â€œunderground girls,Ã¢â€œ and an adolescent still resisting being turned into a womanÃ¢â€œ| The book raises provocative questions about gender roles in Afghanistan and beyond.â€œThe Columbus Dispatchâ€œFascinatingÃ¢â€œ| Nordberg manages to capture the strength of these women, as well as their vulnerabilities, to show the psychological toll bacha posh has on those who endure it, and the ability of women to adapt to the constricts society places on them.â€œForeignPolicy.comâ€œIn fluid narrative style, Nordberg explores the [bacha posh] phenomenon through compelling individual portraitsÃ¢â€œ| In addition to presenting a rare glimpse of Afghan life,Ã The Underground Girls of KabulÃ explores the ways that gender identity is shaped and policed. Extending well beyond Afghanistan, this book compels the reader to rethink gender differences.â€œStraight.comÃ The Underground Girls of KabulÃ is an outstanding work of journalism that uncovers new information about an important subject. ItÃ¢â€œs also an extraordinarily well-written book, full of riveting stories about the real lives of girls and women in Afghanistan today.â€œPopMatters.comâ€œFive years of research, and an almost novelistic approach to her findings, has produced a book full of fresh stories.â€œRazia Iqbal, IndependentÃ Nordberg's hopeful yet heart-breaking account offers a dazzling picture of Afghan life . . . She is refreshingly non-judgmental . . . Thanks to this book, a little more light has been shone on a country and society so often misunderstoodÃ¢â€œIndependent on SundayÃ Ã¢â€œPartly a reflection on

the politics of sex and gender . . . but it is also a tale of discovery.â•â A Äcâ ¬â •Sunday Telegraphâ Ä Äcâ ¬â“This fascinating study sheds new light on what it's like to be female in the country declared the worst in the world to be a woman . . . This powerful account of powerlessness resonates with the most silenced voices in society.â•â •The Observerâ Ä“[A] searing exposÃ©â Ä“Nordberg's subtle, sympathetic reportage makes this one of the most convincing portraits of Afghan culture in print.â•â œPublishers Weekly [starred]â Ä“A stunning bookâ Ä| Nordberg has done some staggering work in this unique, important, and compelling chronicle. Book clubs will be riveted, and will talk for hours.â•â • Äcâ ¬â œBooklist [starred]â Ä“As affecting as the stories of these women are, NordbergâÄ“s conclusionâÄ“ that womenâÄ“s rights are essential to Äœbuilding peaceful civilizationsâÄ“ is the most powerful message of this compelling book. An intelligent and timely exploration into contemporary Afghanistan.â•â • Kirkus Reviewsâ Ä“The Underground Girls of Kabul is a groundbreaking feat of reportage, a kaleidoscopic investigation into gender, resistance, and the limits of cross-cultural understanding. Jenny Nordberg is a riveting storyteller and she has an astonishing tale to tell.â•â • Äcâ ¬â œMichelle Goldberg, author of *The Means of Reproduction: Sex, Power, and the Future of the World*â Ä“Jenny Nordberg has given us a fascinating look into a hidden phenomenon of extreme patriarchal societies: a form of gender-bending far riskier and more rewarding than Western academia's trendy, abstract gender categories. Nordberg's reporting is thorough and sensitive, her writing vivid and insightful. You will not forget this book; it will haunt you.â•â • Äcâ ¬â œ Robin MorganâÄ“The Underground Girls of Kabul is a brilliant, urgent, groundbreaking work. It is a call to action, and a reminder that even under the greatest abuses of power women have found ways to fight and flourish. The inspiring story of the bacha posh is not just a tale of ingenuity and survival in Afghanistan. It is an excavation of the deep and insidious roots of global misogyny, and an offering of hope.â•â • Cara Hoffman, author of *Be Safe I Love You*âÄ“The Underground Girls of Kabul draws back the curtain on the world of bacha posh, young Afghan girls whose families disguise them as boys and raise them, until adolescence intervenes, as sons. Jenny Nordberg's book is a tremendous feat of reporting and storytelling: until her work on the custom of bacha posh was published in the *New York Times*, the practice had never been systematically documented, and her narrative is so finely-observed that it often reads like fiction. Nordberg's curiosity, her humor, and her genuine warmth for her subjects come through on every page.â•â • Äcâ ¬â œ Katherine Zoepf, fellow, the New America FoundationâÄ“The Underground Girls of Kabul is a riveting, firsthand account of what life as a

girl is like in Afghanistan and how it often means becoming a boy. Jenny Nordberg has written a compelling and important work that exposes the profound gender prejudice that exists, in different forms, all over the world.â•âœJennifer Clement, author of *Prayers for the Stolen*â•âœ“Forget everything you thought you knew about gender and what it means to be a woman or man. Jenny Nordbergâ•âœs exquisitely reported look at why Afghans choose to raise their girls as boys is nothing less than heartbreakingly, mind-bending, and mesmerizingâ•âœnot to mention timely.â•âœLauren Wolfe, director of Womenâ•âœs Media Centerâ•âœ“Women Under Siegeâ•âœ“Nordberg brings to light a world that no Afghan speaks of, but everyone knows: the world of girls raised as boys, usually until puberty. In a society where being a girl means living as chattel, and where families without boys are shamed, the *bacha posh* tradition arose, as it has in other highly patriarchal societies.â•âœGoing deeper, Nordberg discovers that the *bacha posh*, once adults, become a subversive force: having tasted freedom and opportunity, these women can never go back.â•âœThey stand up--for themselves, their daughters, and their country.â•âœThe former *bacha posh* may yet change Afghanistan for the better . . . Nordbergâ•âœs book is a pioneering effort to understand this hidden world.â•âœValerie M. Hudson, professor and George H.W. Bush Chair, The Bush School of Government and Public Service, Texas A&M Universityâ•âœ“The investigation intoâ•âœ**bacha posh**â•âœ gives a new and unique perspective on the womenâ•âœs situation, gender and resistance in Afghanistan. The author tells the story with empathy and respect for the women who have let her into their lives. This book will interest both those who want to learn about Afghanistan and those wanting to understand how gender works, and it is a must-read for both Afghanistan and gender specialists.â•âœSari Kouvo, co-director of the Afghanistan Analysts Networkâ•âœ“The *Underground Girls of Kabul* is an amazing book. The fact that Nordberg brings this to light is eye-opening to everyoneâ•âœeven to Afghans. It is theâ•âœ truth that many Afghans live with it as part of their life.â•âœNaheed Bahram, program director of Women for Afghan Women

The underground girls are people born female, but raised as boys, even though the deception may be an open secret, simply because of the social disadvantages attaching to families with only girl children. As you might imagine, at some stage, most of these "boys" are obliged to turn back into girls, which can be hard on them. The author becomes friendly with several of these women and we learn how they are doing later in their lives, some having married. I also learned quite a bit about Afghanistan, its present condition, the influence of the Taliban, and Afghan marriages. With the

Taliban in abeyance, a few women have even entered politics, but I got the impression that very few women have much freedom--or even happiness--in Afghanistan, so the book left me feeling somewhat frustrated and sad. Still, well worth reading, and it is an easy read, too, not a dry social study sort of thing.

Headline: The Underground Girls of Kabul is an extremely readable, yet heart-breaking and eye-opening immersion in a culture that is brutal to women. It would also make a great choice for book clubs.

Major Themes: Women's rights, patriarchal societies, the Middle East, Islam, the Taliban, marital dynamics, war, gender identity

What I Liked: - This is one of those books where you learn a ton, but don't realize it. I felt like I was just reading a story, but I might as well have been taking a course on life in Afghanistan (particularly for women), Islam, the Taliban, and the affects of war on regular Afghans. - The book goes way beyond the Afghan (actually, this custom can also be found in many other countries) custom of girls living as boys. It paints a vivid picture of what it means to be an Afghan woman, the importance Afghans place on every family having a son, gender and sexuality issues, marital dynamics, and patriarchal societies. - Nordberg clearly explained why Afghan families sometimes raise their daughters as sons and emphasized that there are a variety of reasons a family might choose this path. Though some of these reasons are inexplicable to a Westerner (i.e. having a bacha posh ensures that, via "magic", the next child will be a son), Nordberg helped me understand how these people, given their history, customs, and surroundings, could resort to such beliefs. Nordberg focused on a rare female member of Parliament, Azita, to illustrate the broader bacha posh custom. Using Azita as the focal point gave me a specific person to root for. - This book was chock full of "did you know" tidbits, which I love in my nonfiction. For example, Afghans idolize Jack Bauer from the TV show 24, Afghan women's rights actually improved during the Soviet occupation (because the Soviets de-emphasized religion), Thursday nights in Afghanistan are for "conjugal traditions", and Saudi Arabia first allowed women to participate in the Olympics in 2012.

What I Didn't Like: Nordberg touched on the Afghan population's general impressions of its various occupiers over the years, but I was particularly curious about this and wished she'd gone a bit deeper. It was fascinating that the Afghans actually viewed the Soviets as liberators from "mujahideen infighting", but I couldn't quite get a handle on what they think of the Americans (although, this could probably comprise an entirely

separate book). A Defining Quote: "Regardless of who they are, whether they are rich or poor, educated or illiterate, Afghan women often describe the difference between men and women in just one word: freedom. As in: men have it, women do not." Good for People Who Like: Investigative journalism, books about marriage, books that make you think, women's issuesCheck out my blog, Sarah's Book Shelves, for more reviews.

I am stunned by the life of an Afghan woman. If there is a hell, it is being an Afghan woman and living a life close to a slave. This book speaks to women rights everywhere, including the United States. As we achieve and guard our rights here we move forward the world. We must not leave these women behind. A must read

I spent some time in Afghanistan and this topic was one I was not familiar with, so definitely caught my attention. I enjoyed the virtual travel back to Kabul and getting to know some Afghan families through the stories told here. Roughly 2/3 of this book deals directly with the topic of bacha-e-posh; a good 1/3 is the author's personal opinions and observations, which I felt diluted the story at hand. It would have been more appropriate to contain those opinions in an epilogue. Also I don't recall that the author mentions the various Anglo-Afghan Wars, and their subsequent influence on Afghan society. There was some discussion of life for women under the Soviet era, but little to nothing about the liberties that urban Afghan women enjoyed under Mohammed Zahir Shah, or Mohammed Daoud Khan. Those are important contrasts to life for Afghan women from the Taliban times to current day. This book stirred up a lot of emotions; I felt enraged at the treatment and status of women, thankful that I wasn't born into such a society, and at a loss of what I can do to raise awareness. I think about the recent women's march in Washington DC and wish that kind of energy and attention could be directed to women in Afghan society - that is a group that is truly oppressed and in need of support.

I just finished reading the book for a book club and cannot wait for the discussion. Thoughtful and insightful book about the role of women in Kabul (and the whole country). Well researched. There is no "easy fix" to the country's problems because of long term cultural issues.

Eye-opening view into the lives of girls who are chosen to behave as boys in Afghanistan which includes wearing boy's clothing, participating in activities that are not open to girls, and being accepted in schools as boys. The book also includes what happens when these "boys," are required

to return to the female world to prepare for arranged marriages. It is an amazing look into three lives, in particular, though the book provides an overview of Afghanistan culture during the continuing wars that have had a destructive effect on the citizenry. Though repetitive at times, I found the book to be illuminating to the point of making me feel frustrated and sad that Afghanistan culture is so hard on women. That many still prevail is a testament to the enduring strength of those who have survived through war and changing regimes at whatever the cost--as girls or "fake" boys; as married women or single "men".

The book was very interesting and factual at the same time. As bad as their situation is, I was still stunned by the practices of those regions. I recommend the reading of this book for awareness of what goes on in other countries and to learn of their culture.

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